



Classic

Grill Offerings

Breaded Chicken Boats w/Bread Slice

Healthy

BOXED SALADS

Salads are served with Reduced/ Low Fat Dressings. All Salads offered daily with a choice of bread, fruit, and fat free or low fat milk.

In order to qualify for a reimbursable lunch, A student may select 3 of the 5 components offered. Meat/ Meat alternate, Fruit and/or Vegetable, Bread and Milk. A student must select a 1/2 cup fruit or 1/2 cup vegetable as part of their meal.

Menu Subject to Change

The School District does not discriminate on the basis of age, race, color, national or ethnic origin, sex, or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

St. Stephen's Lunch Menu February 2018



Lunch Prices
 PAID: \$2.75
 REDUCED: \$.0.40
 Milk: \$0.50

Please remember that lunch money is due on Monday of each week.

Cafeteria Manager
 Cathy Sowden
 814-677-3035

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chili Cheese Bowl w/ tortilla chips Or Grilled Hot Dog Steamed Carrots Assorted Fruit Fat Free Milk	2 Cheese Pizza Or Pulled Pork BBQ Sandwich Roasted Chickpeas Assorted Fruit Fat Free Milk
5 Macaroni & Cheese w/ bread Or Tuna Salad Sandwich Seasoned Green Beans Assorted Fruit Fat Free Milk	6 Hamburger Gravy o/ mashed potatoes Or Corn Dog Nuggets Seasoned Corn Assorted Fruit Fat Free Milk	7 Fiestada Pizza Or BBQ Rib Sandwich Sweet Peas Assorted Fruit Fat Free Milk	8 Chicken Patty on bun Or Hamburger Steamed Carrots Assorted Fruit Fat Free Milk	9 Cheese Pizza or Ham & Cheese Melt BBQ'd Baked Beans Assorted Fruit Fat Free Milk
12 Egg, Ham & Cheese Muffin Or Meatball Hoagie Crisp Tater Tots Assorted Fruit Fat Free Milk	13 Ham & Potato Au Gratin Or Corn Dog Nuggets Steamed Broccoli Assorted Fruit Fat Free Milk	14 Grilled Cheese Sandwich w/ tomato soup Or Cheese Pizza Golden Corn Assorted Fruit Fat Free Milk	15 Cheeseburger on a bun Or Popcorn Chicken w/bread Steamed Carrots Assorted Fruit Fat Free Milk	16 ACT 80 DAY NO SCHOOL
19 Chicken Nuggets w/bread or Sloppy Joe on a bun Seasoned Green Beans Assorted Fruit Fat Free Milk	20 Pizza Pasta Bake w/garlic breadstick or Chicken Patty Sandwich Tater Tots Assorted Fruit Fat Free Milk	21 Macaroni & Cheese w/ bread Or Hot Dog Steamed Carrots Assorted Fruit Fat Free Milk	22 Waffles w/sausage patty Or Hamburger Baked Beans Assorted Fruit Fat Free Milk	23 Cheese Pizza Or Egg Salad Sandwich Steamed Broccoli Assorted Fruit Fat Free Milk
26 Sausage, Egg & Cheese Muffin Or Breaded Fish Sticks Tater Tots Assorted Fruit Fat Free Milk	27 Cheese Steak Hoagie Or Tuna Salad Sandwich Green Beans Assorted Fruit Fat Free Milk	28 Chicken Fajita Or Corn Dog Nuggets Steamed Carrots Assorted Fruit Fat Free Milk		
PB&J Sandwich Chef Salad	Ham & Cheese Sandwich Chef Salad	PB&J Sandwich Chef Salad	Ham & Cheese Sandwich Chef Salad	PB&J Sandwich Chef Salad

Sweet

FRESH FRUIT AND VEGETABLES OFFERED DAILY INCLUDED BUT NOT LIMITED TO:

Baby Carrots (Red / Orange)
 Broccoli Florets (Dark Green)
 Legume Salad (Beans / Legumes)
 Dark Leafy Greens (Dark Green)
 Celery & Cucumbers (Others)

Pizzazz

Cheese Pizza Available Weekly

Refreshing

Available Daily: Fat-Free Flavored, Fat-Free & Low-Fat White Milk